

DANBURY WRESTLING 2003

Team Accomplishments

27-1 Dual Meet Record

1st Place Tournament of Champions
1st Place Danbury Holiday Tourney (13th time in 14 years)
1st Place KSA National Duals Tourney
FCIAC Tournament Champs (17 consecutive years)
Western Division Champs (17 consecutive years)
CT LL STATE CHAMPS (7 consecutive years)
CT OPEN STATE CHAMPS (3 consecutive years)
5th Place Team, NEW ENGLANDS

Ranked 1st in State Coaches' Poll (7 consecutive years)

Individual Accomplishments

7 FCIAC Ind. Champs	Mike Sylvestri, Nick Weyer (2X), Chris Kaplanis, Jeff Marra (2X), Anthony Hayes (2X), Trevor Howe (4X), Matt Tricarico (2X)	
4 CT LL Ind. Champs	Jeff Marra Anthony Hayes (2X) Trevor Howe Matt Tricarico	135 140 145 152
1 CT OPEN Champ	Anthony Hayes (2X)	140
3 NE Placewinners	Mike Sylvestri (5 th) Anthony Hayes (2 nd) Matt Tricarico (3 rd)	103 140 152
1 Girls' NE Champ	Susie Levitt	110
MVW's	Chris Kaplanis Trevor Howe Pat Larkin	Danbury Holiday Tourney FCIAC Danbury JV Tourney

Most Falls/Least Time

ALL-STATE/ALL-FCIAC/ALL-AREA HONORS 2003

All-State Anthony Hayes 140

Academic All-State Mike Sylvestri 103
Chris Kaplanis 130

All-FCIAC

1st Team Mike Sylvestri 103
Nick Weyer 119
Chris Kaplanis 130
Jeff Marra 135
Anthony Hayes 140
Trevor Howe 145
Matt Tricarico 152

Hon. Mention Frank Cammisa 112
Phil Young 125
Will Esposito 160
Matt Watkins 215
Timmy Ferreira 275

Wrestler of the Year Honors

FCIAC Wrestler of the Year Anthony Hayes 140
CT State Wrestler of the Year Anthony Hayes 140

All-Area

1st Team Mike Sylvestri 103
Chris Kaplanis 130
Jeff Marra 135
Anthony Hayes 140
Trevor Howe 145
Matt Tricarico 152
Will Esposito 160

DHS WRESTLING 2003 TEAM LEADERS

Most Wins	Mike Sylvestri/Matt Tricarico	45
Most Pins	Matt Tricarico	34
Most Tourney 1 st s	Anthony Hayes	5
Most Tourney Placements	Anthony Hayes/Mike Sylvestri/Matt Tricarico	6
Most Takedowns	Anthony Hayes	77
Most Nearfalls	Trevor Howe	49
Most Reversals	Trevor Howe	20
Most Escapes	Tim Ferreira/Kyle Rodgers	31
Most Team Pts.	Matt Tricarico	242
Most Individual Pts.	Trevor Howe	326
Best Ind. Pt. Differential	Trevor Howe	+261
Best Takedown Differential	Anthony Hayes	+74
Least Pins/Techs Against	Frank Cammisa/Anthony Hayes/ Trevor Howe/Jeff Marra/Matt Tricarico	0
Best JV Record	Pat Larkin	8-0
	Jason Cancro	10-1
	Jeff Esposti	9-1
	Mark Madkour	12-3
Most JV Pins	Mark Madkour	9
	Pat Larkin/Jeff Esposti	8
Most JV Takedowns	Mark Madkour	36
Most JV Nearfalls	Mark Madkour/Anthony Brown	10
Most JV Reversals	Anthony Brual	7
	Mark Madkour	5
Most JV Individual Pts.	Mark Madkour	112

Danbury High School Dual Meets vs Connecticut Teams 1987-2003

Stamford	20-0	100%
Staples	19-0	100%
Darien	17-0	100%
Fairfield	17-0	100%
Greenwich	17-0	100%
McMahon	17-0	100%
New Canaan	17-0	100%
Ridgefield	17-0	100%
Trumbull	17-0	100%
Westhill	17-0	100%
Wilton	17-0	100%
Norwalk	16-0-1	100%
New Fairfield	11-0	100%
Simsbury	8-0	100%
Southington	9-0	100%
New Milford	7-0	100%
Harding	8-0	100%
Xavier	6-0	100%
Fairfield Prep	6-0	100%
Hand	5-0	100%
East Hartford	4-0	100%
Holy Cross	4-0	100%
Berlin	4-0	100%
Law	4-0	100%
Newtown	4-0	100%
Amity	4-0	100%
Bridgeport Central	4-0	100%
Stratford	3-0	100%
Newington	2-0	100%
Pomperaug	2-0	100%
Cheshire	2-0	100%
Fitch	3-0	100%
Bethel	2-0	100%
Woodstock Academy	1-0	100%
Conard	1-0	100%
Enfield	1-0	100%
Hall	1-0	100%
Canterbury	1-0	100%
Plainville	1-0	100%
Waterford	1-0	100%
Glastonbury	11-1	92%
Ledyard	9-1	90%
Windham	5-1	83%
Guilford	2-1	67%

NFA	14-10	57%
Manchester	2-2	50%

DHS has notched 150 consecutive wins against Connecticut opponents, and has gone 227 matches without a loss against FCIAC opponents. The last FCIAC team to defeat DHS in a dual meet was Greenwich in January 1986, by the score of 37-24.

DHS's longest win streak against ALL opponents ended in 2001 (at Mt. Anthony Union, VT) at 96 straight matches. The current win streak against all opponents stands at 25.

Season Records

1987	22-1
1988	25-1
1989	22-0
1990	24-0
1991	22-3
1992	23-1
1993	21-1
1994	19-4
1995	22-1
1996	17-4-1
1997	21-0
1998	25-0
1999	19-0
2000	21-0
2001	19-1
2002	20-1
<u>2003</u>	<u>27-1</u>
Tot	369-19-1

Coaching Records

Mike Morris (1979-1991)	219-36-0	85.8%
John Nimock (1992-1999)	167-8-1	95.2%
Ricky Shook (2000-2003)	87-3-0	96.7%

DHS ALL-TIME CAREER RECORDS

Most Varsity Tournaments Won	Ben Levitt	17
	Tommy Howe	16
	Ben Appel	14
	Jeff Vitti	13
	Dennis Stone	12
Most Varsity Wins (130+)	Tommy Howe	152
	Ben Appel/Jeff Vitti/ Trevor Howe	149
	Dennis Stone	146
	Chris Kaplanis	140
	Adam Mack	136
	Ben Levitt	135
	Ceyon Anderson	130
Best Win Percentage (89.0%+)	Anthony Hayes	97.7%
	Ben Appel	92.5%
	Leo Lopes	91.8%
	Jeff Vitti/Demaine Dillard	90.6%
	Ben Levitt	90.1%
	Teddy McNamara	89.6%
	Tommy Howe	89.4%
	Keith Fielding	89.3%
Most Varsity Takedowns	Jeff Vitti	497
	Ricardo Lopes	463
Most Varsity Pins (70+)	Tommy Howe	116
	Ben Appel	101
	Dennis Stone	96
	Jeff Vitti	88
	Trevor Howe	77
	Scott Fay/Brian King	74
	Ceyon Anderson	72
	DeMaine Dillard	71
Most Individual Points (1000+)	Jeff Vitti	1539
	Ricardo Lopes	1351
	Ben Levitt	1250
	Jay Driscoll	1179
	Ben Appel	1122
	Trevor Howe	1052
	Steve Botelho	1048
	Tommy Howe	1042
	Ceyon Anderson	1014
Dennis Stone	1001	

Most Varsity Matches Wrestled (149+)	Trevor Howe	174
	Chris Kaplanis	171
	Tommy Howe	170
	Dennis Stone	166
	Jeff Vitti	165
	Ben Appel	161
	Adam Mack	159
	Ceyon Anderson	156
	Ben Levitt	151
	Ricardo Lopes	149
Most Varsity Tourney Places (15+)	Tommy Howe	24
	Ricardo Lopes/Ben Appel/Jeff Vitti	21
	Dennis Stone/Adam Mack/ Chris Kaplanis	20
	Ben Levitt	19
	Scott Fay/Ceyon Anderson/ Trevor Howe	18
	Chris Guasco/Dave Twitchell	17
	DeMaine Dillard	15
Least Pins/Techs Against (3-) (minimum 3 yrs. Varsity)	Ben Levitt	0
	Steve Scott/Leo Lopes/Rick Shook/ D'Arcy Smith/Nuno Monteiro	1
	Joe Resha	2
	Chris Guasco	3

DHS ALL-TIME SEASON RECORDS

Most Tourney Wins	DeMaine Dillard	7	1990
Most Wins (45+)	D'Arcy Smith/DeMaine Dillard/ Jeff Vitti	46	1998/90/90
	Ricardo Lopes/Dennis Stone/ Mike Sylvestri/Matt Tricarico	45	1998/02/03/03
Best Win Percentage (95%+)	DeMaine Dillard	100%	1990
	Anthony Hayes	97.7%	2003
	Anthony Hayes	97.7%	2002
	Leo Lopes	97.4%	1997
	Jeff Vitti	95.8%	1990
	Tommy Howe	95.6%	2000
	Danny Hopper	95.5%	1993
	Keith Fielding	95.1%	1989
	Steve Scott/Mark Eddy	95.0%	2001/1993
Most Pins (30+)	Tommy Howe	36	1998
	Dennis Stone/ Matt Tricarico	34	2002/03
	DeMaine Dillard	33	1990
	Phil Young/Tommy Howe/ Tommy Howe	32	2001/00/1999
	Chris Guasco/Brian King/ Anthony Hayes	30	1998/88/2002
	Most Takedowns	Jeff Vitti	242
Ricardo Lopes		226	1998
Steve Botelho		173	1990
Keith Fielding		167	1989
Jay Driscoll		160	1990
Teddy McNamara		159	1989
Most Individual Points		Jeff Vitti	656
	Ricardo Lopes	572	1998
	Steve Botelho	505	1990
	Teddy McNamara	497	1989
Most Reversals (40+)	Darryl Johannssen	46	1987
	Chris Guasco	45	1999
Most Escapes (35+)	Brian Hayes	39	2000
	Ricardo Lopes	37	1997
	Keith Ambrose	35	1993

Most Nearfalls (70+)	Ben Levitt	82	1990
	Jeff Blaiotta	71	1996
	Mike Maupin	70	1989

TEAM STATS

Most Team Wins	The 1998 Team	569
	The 2003 Team	513
	The 1990 Team	487
	The 1999 Team/1989 Team	475
	The 1997 Team	472
Most Team Pins	The 1998 Team	315
	The 1989 Team	296
	The 1990 Team	293
	The 2003 Team	292
Most Team Takedowns	The 1990 Team	1290
	The 1989 Team	1168
	The 1998 Team	1016
Most Tourney Places (80+)	The 1998 Team	94
	The 1989 Team	88
	The 1997 Team	81
Undefeated Teams	The 1998 Team	25-0
	The 1990 Team	24-0
	The 1989 Team	22-0
	The 2000 Team	21-0
	The 1997 Team	21-0
	The 1999 Team	19-0
Most Dual Meet Wins	The 2003 Team	27
Most Team Nearfalls	The 1998 Team	509
	The 1990 Team	497
	The 1991 Team	491

DHS WRESTLING ALL-STARS (1986-Present)

<u>Weight Class</u>	<u>All-Star Wrestler</u>	<u>Year</u>	<u>Record</u>	<u>FCIAC/LL/OPEN/NE Placement</u>
95	Jeff Blaiotta	1993	33-2	1/1/1/-
	Jeff Vitti	1987	33-4-1	1/2/4/-
	Keith Lynch	1992	30-6	1/1/4/-
103	Mike Sylvestri	2003	45-5	1/2/2/5
	Nicky Weyer	2002	39-6	1/1/3/5
	Ben Appel	1987	35-2	1/2/6/-
	Adam Mack	1997	39-4	2/1/3/-
	Phil Young	2001	31-8	1/1/4/-
	Chris Guasco	1998	40-4	1/2/6/-
	Keith Lynch	1993	39-7	2/1/5/-
	Dan Nguyen	1992	38-5	2/1/5/-
112	Chris Guasco	1999	37-8	3/2/1/-
	Jeff Vitti	1989	38-5	1/2/2/-
	Chris Kaplanis	2001	31-8	2/2/6/-
	Jamie Shull	1991	35-5	1/2/-/-
	Adam Mack	1998	36-5	2/3/-/-
119	Jeff Vitti	1990	46-2	1/2/3/1
	Dan Nguyen	1994	36-5	2/2/1/4
	Ben Levitt	1989	38-3-1	1/3/4/-
	Nick Weyer	2003	38-8	1/2/5/-
	Tommy Howe	1998	44-3	1/3/-/-
	Ben Appel	1988	35-3	1/3/-/-
	Jeff Blaiotta	1996	32-8	1/3/-/-
	Sammy Smith	1987	30-6	2/3/-/-
125	Leo Lopes	1997	37-1	1/1/1/2
	Tommy Howe	2000	43-2	1/1/1/4
	Ben Levitt	1990	41-3-1	1/1/1/-
	Tommy Howe	1999	40-6	1/1/2/-
	Leo Lopes	1996	27-3	1/1/2/-
	Teddy McNamara	1988	38-6	3/4/3/2
130	Anthony Hayes	2002	43-1	1/1/1/2
	Mark Eddy	1992	38-5	1/1/3/-
	Jay Driscoll	1991	38-3	1/1/5/-
	Ben Appel	1989	36-4	1/1/5/-
	Jay Driscoll	1990	43-5	1/3/3/-
	Jon Kurtzweil	1995	38-6	1/2/4/-

	Dennis Stone	2000	33-2	1/1/-/-
	Chris Kaplanis	2003	34-6	1/4/-/-
135	Ben Levitt	1991	31-2	1/1/1/-
	Teddy McNamara	1989	41-4	1/1/3/-
	Mark Eddy	1993	38-2	1/1/5/-
	Jeff Marra	2003	41-5	1/1/6/-
	Leonard Robinson	1994	33-3	1/1/2/-
140	Anthony Hayes	2003	43-1	1/1/1/2
	Ben Appel	1990	43-3	1/1/1/5
	Dennis Stone	2001	35-5	1/1/3/6
	Keith Fielding	1989	39-2	1/1/3/-
145	Steve Scott	2001	38-2	1/1/1/1
	D'Arcy Smith	1998	46-3	1/1/3/-
	Trevor Howe	2003	44-4	1/1/3/-
	Steve Botelho	1990	41-6	3/1/2/-
	Sean Glacy	1996	36-4	1/1/5/-
	Steve Botelho	1991	28-3	1/1/6/-
152	Matt Tricarico	2003	45-3	1/1/2/3
	Dennis Stone	2002	45-3	1/1/1/5
	Joe Resha	1994	35-6	2/1/2/5
	Dave Sabel	1992	30-3-1	1/1/-/-
	Mike Maupin	1988	32-6	1/3/-/-
160	Mike Maupin	1989	37-4	1/1/2/4
	Ricardo Lopes	1998	45-5	2/2/2/3
	Ricardo Lopes	1999	37-7	2/2/3/3
171	Danny Hopper	1993	42-2	1/1/1/4
	Ceyon Anderson	1998	37-3	1/1/2/3
	Jim Twitchell	1992	37-4-2	1/1/3/-
189	DeMaine Dillard	1990	46-0	1/1/1/1
	Scott Fay	2001	37-3	1/1/2/5
	Scott Fay	2000	38-3	1/1/3/-
	DeMaine Dillard	1989	33-5	1/2/4/-
215				
275	Dave Vondle	1992	35-2	1/1/2/-
	Brian King	1988	35-5	1/2/4/-
	Doug Pecor	1999	33-11	3/1/4/-

DHS HALL OF CHAMPIONS

CONNECTICUT OPEN CHAMPS

Ben Levitt	125	1990
Ben Appel	140	1990
DeMaine Dillard	189	1990
Ben Levitt	135	1991
Jeff Blaiotta	95	1993
Danny Hopper	171	1993
Danny Nguyen	119	1994
Leo Lopes	125	1997
Chris Guasco	112	1999
Tommy Howe	125	2000
Steve Scott	145	2001
Scott Fay	189	2001
Anthony Hayes	130	2002
Dennis Stone	152	2002
Anthony Hayes	140	2003

4X FCIAC CHAMPS

Jeff Vitti	1987-1988-1989-1990
Ben Appel	1987-1988-1989-1990
Ben Levitt	1988-1989-1990-1991
Trevor Howe	2000-2001-2002-2003

3X FCIAC CHAMPS

Jeff Blaiotta	1993-1995-1996
Leo Lopes	1995-1996-1997
Tommy Howe	1998-1999-2000
Dennis Stone	2000-2001-2002

NEW ENGLAND PLACEWINNERS

Teddy McNamara	130	2 nd	1988
Teddy McNamara	135	4 th	1989
Mike Maupin	160	4 th	1989
Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Ben Appel	140	5 th	1990
Jim Twitchell	171	5 th	1992
Danny Hopper	171	4 th	1993
Dan Nguyen	119	4 th	1994
Joe Resha	152	5 th	1994
Leo Lopes	125	2 nd	1997
Ricardo Lopes	160	3 rd	1998
Ceyon Anderson	171	3 rd	1998

Ricardo Lopes	160	3 rd	1999
Tommy Howe	125	4 th	2000
Dennis Stone	140	6 th	2001
Steve Scott	145	1 st	2001
Scott Fay	189	5 th	2001
Nicky Weyer	103	5 th	2002
Anthony Hayes	130	2 nd	2002
Dennis Stone	152	5 th	2002
Mike Sylvestri	103	5th	2003
Anthony Hayes	140	2nd	2003
Matt Tricarico	152	3rd	2003

LL STATE CHAMPS

Rick Shook	112		1983
Doug Taft	98		1984
Ben Appel	130		1989
Teddy McNamara	135		1989
Keith Fielding	140		1989
Mike Maupin	160		1989
Ben Levitt	125		1990
Steve Botelho	145		1990
DeMaine Dillard	189		1990
Ben Appel	140		1990
Jay Driscoll	130		1991
Ben Levitt	135		1991
Steve Botelho	145		1991
Dave Vondle	275		1991
Keith Lynch	95		1992
Dan Nguyen	103		1992
Mark Eddy	130		1992
Dave Sabel	152		1992
Jim Twitchell	171		1992
Dave Vondle	275		1992
Jeff Blaiotta	95		1993
Keith Lynch	103		1993
Mark Eddy	135		1993
Danny Hopper	171		1993
Leonard Robinson	135		1994
Joe Resha	152		1994
Leo Lopes	125		1996
Sean Glacy	145		1996
Adam Mack	103		1997
Leo Lopes	125		1997
D'Arcy Smith	145		1998
Ceyon Anderson	171		1998

Tommy Howe	125	1999
Doug Pecor	275	1999
Tommy Howe	125	2000
Dennis Stone	130	2000
Brian Hayes	145	2000
Scott Fay	189	2000
Phil Young	103	2001
Carlos Valenzuela	135	2001
Dennis Stone	140	2001
Steve Scott	145	2001
Scott Fay	189	2001
Nicky Weyer	103	2002
Phil Young	112	2002
Anthony Hayes	130	2002
Carlos Valenzuela	140	2002
Dennis Stone	152	2002
Jeff Marra	135	2003
Anthony Hayes	140	2003
Trevor Howe	145	2003
Matt Tricarico	152	2003