

DANBURY WRESTLING 2004

Team Accomplishments

18-1 Dual Meet Record

1st Place Danbury Holiday Tourney (14th time in 15 years)

2nd Place Redskin Tourney

2nd Place Tournament of Champions

4th Place Eastern Tourney

FCIAC Tournament Champs (18 consecutive years)

Western Division Champs (18 consecutive years)

CT LL STATE CHAMPS (8 consecutive years)

CT OPEN STATE CHAMPS (4 consecutive years)

3rd Place, NEW ENGLANDS

Ranked 1st in State Coaches' Poll (8 consecutive years)

Individual Accomplishments

8 FCIAC Ind. Champs Mike Silvestri (2X), Richie Zschoche, Frank Cammisa,
Nick Weyer (3X), Kyle Rodgers,
Jeff Marra (3X), Will Esposito, Tim Ferreira

6 CT LL Ind. Champs Mike Silvestri 103
Nick Weyer 130
Jeff Marra 145
Will Esposito 152
Matt Tricarico (2X) 171
Tim Ferreira 275

4 CT OPEN Champs Mike Silvestri 103
Nick Weyer 130
Matt Tricarico 171
Tim Ferreira 275

1 Girls' CT Champ Suzie Levitt 110

4 NE Placewinners Mike Silvestri (3rd) 103
Jeff Marra (4th) 145
Matt Tricarico (2nd) 171
Tim Ferreira (5th) 275

1 Girls' NE Champ Susie Levitt (2X) 110

MVW's Tyler Howe JV Worlds

Most Falls/Least Time --- ---

ALL-STATE/ALL-FCIAC/ALL-AREA HONORS 2004

<u>All-State</u>	Mike Silvestri	103
	Nick Weyer	130
	Matt Tricarico	171
	Tim Ferreira	275

Academic All-State Mike Silvestri, Frank Cammisa, Jeff Marra,
Will Esposito, Matt Tricarico, Tim Ferreira

All-FCIAC

1 st Team	Mike Silvestri	103
	Richie Zschoche	112
	Frank Cammisa	125
	Nick Weyer	130
	Kyle Rodgers	135
	Jeff Marra	145
	Will Esposito	152
	Matt Tricarico	171
	Tim Ferreira	275
2 nd Team	Jeff Esposti	160
	Chase DeCarlo	215
Hon. Mention	Mark Madkour	119
	Tommy Scott	140
	Tyler Metz	189

Wrestler/Coach of the Year Honors

FCIAC Wrestlers of the Year	Mike Silvestri	103
	Tim Ferreira	275
FCIAC Coach of the Year	Rick Shook	
Area Coach of the Year	Rick Shook	
LL Coach of the Year	Rick Shook	
LL Asst. Coach of the Year	Gary Tilbe	

All-Area

Mike Silvestri	103
Nick Weyer	130
Kyle Rodgers	135
Jeff Marra	145
Will Esposito	152
Matt Tricarico	171
Chase DeCarlo	215
Tim Ferreira	275

DHS WRESTLING 2004 TEAM LEADERS

Most Wins	Mike Silvestri	46
Most Pins	Mike Silvestri	32
Most Tourney 1 st s	Mike Silvestri	6
Most Tourney Placements	Mike Silvestri/Tim Ferreira	8
Most Takedowns	Tim Ferreira	108
Most Nearfalls	Mike Silvestri	50
Most Reversals	Jeff Marra/Will Esposito	17
Most Escapes	Kyle Rodgers	29
Most Team Pts.	Mike Silvestri	248
Most Individual Pts.	Mike Silvestri	363
Best Ind. Pt. Differential	Mike Silvestri	+289
Best Takedown Differential	Tim Ferreira	+99
Least Pins/Techs Against	Frank Cammisa/Jeff Marra/ Matt Tricarico/Tim Ferreira	0
Best JV Records	Tyler Howe Brian Perreira Joe Laduca Jay Pegues	16-0 13-0 12-1 17-2
Most JV Pins	Tyler Howe Anthony Brial	14 13
Most JV Takedowns	Jay Pegues	32
Most JV Nearfalls	Tyler Howe	41
Most JV Reversals	Jessie Farmer	16
Most JV Individual Pts.	Tyler Howe	164

Danbury High School Dual Meets vs Connecticut Teams 1987-2004

Stamford	21-0	100%
Staples	20-0	100%
Darien	18-0	100%
Fairfield	18-0	100%
Greenwich	18-0	100%
McMahon	18-0	100%
New Canaan	18-0	100%
Ridgefield	18-0	100%
Trumbull	18-0	100%
Westhill	18-0	100%
Wilton	18-0	100%
Norwalk	17-0-1	100%
New Fairfield	11-0	100%
Harding	9-0	100%
Southington	9-0	100%
Simsbury	8-0	100%
New Milford	7-0	100%
Xavier	6-0	100%
Fairfield Prep	6-0	100%
Bridgeport Central	5-0	100%
Hand	5-0	100%
East Hartford	4-0	100%
Holy Cross	4-0	100%
Berlin	4-0	100%
Law	4-0	100%
Newtown	4-0	100%
Amity	4-0	100%
Bethel	3-0	100%
Fitch	3-0	100%
Stratford	3-0	100%
Newington	2-0	100%
Pomperaug	2-0	100%
Cheshire	2-0	100%
Waterford	2-0	100%
Woodstock Academy	1-0	100%
Conard	1-0	100%
Enfield	1-0	100%
Hall	1-0	100%
Canterbury	1-0	100%
Plainville	1-0	100%
Glastonbury	11-1	92%
Ledyard	10-1	90%
Windham	5-1	83%
Guilford	2-1	67%

NFA	15-10	57%
Manchester	2-2	50%

DHS has notched 168 consecutive wins against Connecticut opponents, and has gone 241 matches without a loss against FCIAC opponents. The last FCIAC team to defeat DHS in a dual meet was Greenwich in January 1986, by the score of 37-24.

DHS's longest win streak against ALL opponents ended in 2001 (at Mt. Anthony Union, VT) at 96 straight matches. The current win streak against all opponents stands at 17.

Season Records

1987	22-1
1988	25-1
1989	22-0
1990	24-0
1991	22-3
1992	23-1
1993	21-1
1994	19-4
1995	22-1
1996	17-4-1
1997	21-0
1998	25-0
1999	19-0
2000	21-0
2001	19-1
2002	20-1
2003	27-1
2004	18-1
Tot	387-20-1

Coaching Records

Mike Morris (1979-1991)	219-36-0	85.8%
John Nimock (1992-1999)	167-8-1	95.2%
Ricky Shook (2000-2004)	105-4-0	96.3%

DHS ALL-TIME CAREER RECORDS

Most Varsity Tournaments Won	Ben Levitt	17
	Tommy Howe	16
	Ben Appel	14
	Jeff Vitti	13
	Dennis Stone	12
Most Varsity Wins (130+)	Tommy Howe	152
	Ben Appel/Jeff Vitti/Trevor Howe	149
	Dennis Stone	146
	Chris Kaplanis	140
	Adam Mack	136
	Ben Levitt	135
	Ceyon Anderson	130
Best Win Percentage (89.0%+)	Anthony Hayes	97.7%
	Ben Appel	92.5%
	Mike Silvestri	92.2%
	Leo Lopes	91.8%
	Jeff Vitti/Demaine Dillard	90.6%
	Ben Levitt	90.1%
	Teddy McNamara	89.6%
	Tommy Howe	89.4%
	Keith Fielding	89.3%
Most Varsity Takedowns	Jeff Vitti	497
	Ricardo Lopes	463
Most Varsity Pins (70+)	Tommy Howe	116
	Ben Appel	101
	Dennis Stone	96
	Jeff Vitti	88
	Chris Kaplanis	87
	Trevor Howe	77
	Scott Fay/Brian King	74
	Ceyon Anderson	72
	DeMaine Dillard	71
	Mike Silvestri	70
Most Individual Points (1000+)	Jeff Vitti	1539
	Ricardo Lopes	1351
	Ben Levitt	1250
	Jay Driscoll	1179
	Ben Appel	1122
	Trevor Howe	1052
	Steve Botelho	1048

	Tommy Howe	1042
	Ceyon Anderson	1014
	Dennis Stone	1001
Most Varsity Matches Wrestled (149+)	Trevor Howe	174
	Chris Kaplanis	171
	Tommy Howe	170
	Dennis Stone	166
	Jeff Vitti	165
	Ben Appel	161
	Adam Mack	159
	Ceyon Anderson	156
	Tim Ferreira	153
	Ben Levitt	151
	Ricardo Lopes	149
Most Varsity Tourney Places (15+)	Tommy Howe	24
	Ricardo Lopes/Ben Appel/Jeff Vitti	21
	Dennis Stone/Adam Mack/Chris Kaplanis	20
	Ben Levitt	19
	Scott Fay/Ceyon Anderson/	
	Trevor Howe	18
	Chris Guasco/Dave Twitchell	17
	Mike Silvestri/Tim Ferreira	16
	DeMaine Dillard	15
Least Pins/Techs Against (3-) (minimum 3 yrs. Varsity)	Ben Levitt	0
	Steve Scott/Leo Lopes/Rick Shook/	
	D'Arcy Smith/Nuno Monteiro	1
	Joe Resha/ Mike Silvestri	2
	Chris Guasco	3

DHS ALL-TIME SEASON RECORDS

Most Tourney Wins	DeMaine Dillard	7	1990
Most Wins (45+)	D'Arcy Smith/DeMaine Dillard/ Jeff Vitti/ Mike Silvestri	46	98/90/90/04
	Ricardo Lopes/Dennis Stone/ Mike Sylvestri/Matt Tricarico/ Tim Ferreira	45	98/02/03/03/04
Best Win Percentage (95%+)	DeMaine Dillard	100%	1990
	Anthony Hayes	97.7%	2003
	Anthony Hayes	97.7%	2002
	Leo Lopes	97.4%	1997
	Jeff Vitti	95.8%	1990
	Tommy Howe	95.6%	2000
	Danny Hopper	95.5%	1993
	Keith Fielding	95.1%	1989
	Steve Scott/Mark Eddy	95.0%	01/93
Most Pins (30+)	Tommy Howe	36	1998
	Dennis Stone/Matt Tricarico	34	02/03
	DeMaine Dillard	33	1990
	Mike Silvestri /Phil Young/ Tommy Howe/Tommy Howe	32	04/01/00/99
	Chris Guasco/Brian King/ Anthony Hayes	30	98/88/02
Most Takedowns	Jeff Vitti	242	1990
	Ricardo Lopes	226	1998
	Steve Botelho	173	1990
	Keith Fielding	167	1989
	Jay Driscoll	160	1990
	Teddy McNamara	159	1989
Most Individual Points	Jeff Vitti	656	1990
	Ricardo Lopes	572	1998
	Steve Botelho	505	1990
	Teddy McNamara	497	1989
Most Reversals (40+)	Darryl Johannssen	46	1987
	Chris Guasco	45	1999

Most Escapes (35+)	Brian Hayes	39	2000
	Ricardo Lopes	37	1997
	Keith Ambrose	35	1993
Most Nearfalls (70+)	Ben Levitt	82	1990
	Jeff Blaiotta	71	1996
	Mike Maupin	70	1989

TEAM STATS

Most Team Wins	The 1998 Team	569
	The 2003 Team	513
	The 2004 Team	494
	The 1990 Team	487
	The 1999 Team/1989 Team	475
	The 1997 Team	472
Most Team Pins	The 1998 Team	315
	The 1989 Team	296
	The 1990 Team/ The 2004 Team	293
	The 2003 Team	292
Most Team Takedowns	The 1990 Team	1290
	The 1989 Team	1168
	The 1998 Team	1016
Most Tourney Places (80+)	The 1998 Team	94
	The 1989 Team	88
	The 1997 Team	81
Undefeated Teams	The 1998 Team	25-0
	The 1990 Team	24-0
	The 1989 Team	22-0
	The 2000 Team	21-0
	The 1997 Team	21-0
	The 1999 Team	19-0
Most Dual Meet Wins	The 2003 Team	27
Most Team Nearfalls	The 1998 Team	509
	The 1990 Team	497
	The 1991 Team	491

DHS WRESTLING ALL-STARS (1986-Present)

<u>Weight Class</u>	<u>All-Star Wrestler</u>	<u>Year</u>	<u>Record</u>	<u>FCIAC/LL/OPEN/NE Placement</u>
95	Jeff Blaiotta	1993	33-2	1/1/1/-
	Jeff Vitti	1987	33-4-1	1/2/4/-
	Keith Lynch	1992	30-6	1/1/4/-
103	Mike Silvestri	2004	46-3	1/1/1/3
	Mike Silvestri	2003	45-5	1/2/2/5
	Nick Weyer	2002	39-6	1/1/3/5
	Ben Appel	1987	35-2	1/2/6/-
	Adam Mack	1997	39-4	2/1/3/-
	Phil Young	2001	31-8	1/1/4/-
	Chris Guasco	1998	40-4	1/2/6/-
	Keith Lynch	1993	39-7	2/1/5/-
	Dan Nguyen	1992	38-5	2/1/5/-
	112	Chris Guasco	1999	37-8
Jeff Vitti		1989	38-5	1/2/2/-
Chris Kaplanis		2001	31-8	2/2/6/-
Jamie Shull		1991	35-5	1/2/-/-
Adam Mack		1998	36-5	2/3/-/-
119		Jeff Vitti	1990	46-2
	Dan Nguyen	1994	36-5	2/2/1/4
	Ben Levitt	1989	38-3-1	1/3/4/-
	Nick Weyer	2003	38-8	1/2/5/-
	Tommy Howe	1998	44-3	1/3/-/-
	Ben Appel	1988	35-3	1/3/-/-
	Jeff Blaiotta	1996	32-8	1/3/-/-
	Sammy Smith	1987	30-6	2/3/-/-
125	Leo Lopes	1997	37-1	1/1/1/2
	Tommy Howe	2000	43-2	1/1/1/4
	Ben Levitt	1990	41-3-1	1/1/1/-
	Tommy Howe	1999	40-6	1/1/2/-
	Leo Lopes	1996	27-3	1/1/2/-
	Teddy McNamara	1988	38-6	3/4/3/2
	Frank Cammisa	2004	34-4	1/3/-/-
130	Anthony Hayes	2002	43-1	1/1/1/2
	Nick Weyer	2004	37-6	1/1/1/-
	Mark Eddy	1992	38-5	1/1/3/-
	Jay Driscoll	1991	38-3	1/1/5/-

	Ben Appel	1989	36-4	1/1/5/-
	Jay Driscoll	1990	43-5	1/3/3/-
	Jon Kurtzweil	1995	38-6	1/2/4/-
	Dennis Stone	2000	33-2	1/1/-/-
	Chris Kaplanis	2003	34-6	1/4/-/-
135	Ben Levitt	1991	31-2	1/1/1/-
	Teddy McNamara	1989	41-4	1/1/3/-
	Mark Eddy	1993	38-2	1/1/5/-
	Jeff Marra	2003	41-5	1/1/6/-
	Leonard Robinson	1994	33-3	1/1/2/-
140	Anthony Hayes	2003	43-1	1/1/1/2
	Ben Appel	1990	43-3	1/1/1/5
	Dennis Stone	2001	35-5	1/1/3/6
	Keith Fielding	1989	39-2	1/1/3/-
145	Steve Scott	2001	38-2	1/1/1/1
	Jeff Marra	2004	43-6	1/1/2/4
	D'Arcy Smith	1998	46-3	1/1/3/-
	Trevor Howe	2003	44-4	1/1/3/-
	Steve Botelho	1990	41-6	3/1/2/-
	Sean Glacy	1996	36-4	1/1/5/-
	Steve Botelho	1991	28-3	1/1/6/-
152	Matt Tricarico	2003	45-3	1/1/2/3
	Dennis Stone	2002	45-3	1/1/1/5
	Joe Resha	1994	35-6	2/1/2/5
	Will Esposito	2004	41-7	1/1/3/-
	Dave Sabel	1992	30-3-1	1/1/-/-
	Mike Maupin	1988	32-6	1/3/-/-
160	Mike Maupin	1989	37-4	1/1/2/4
	Ricardo Lopes	1998	45-5	2/2/2/3
	Ricardo Lopes	1999	37-7	2/2/3/3
171	Matt Tricarico	2004	40-3	-/1/1/2
	Danny Hopper	1993	42-2	1/1/1/4
	Ceyon Anderson	1998	37-3	1/1/2/3
	Jim Twitchell	1992	37-4-2	1/1/3/-
189	DeMaine Dillard	1990	46-0	1/1/1/1
	Scott Fay	2001	37-3	1/1/2/5
	Scott Fay	2000	38-3	1/1/3/-
	DeMaine Dillard	1989	33-5	1/2/4/-

215				
275	Tim Ferreira	2004	45-6	1/1/5
	Dave Vondle	1992	35-2	1/1/2/-
	Brian King	1988	35-5	1/2/4/-
	Doug Pecor	1999	33-11	3/1/4/-

DHS HALL OF CHAMPIONS
CONNECTICUT OPEN CHAMPS

Ben Levitt	125	1990
Ben Appel	140	1990
DeMaine Dillard	189	1990
Ben Levitt	135	1991
Jeff Blaiotta	95	1993
Danny Hopper	171	1993
Danny Nguyen	119	1994
Leo Lopes	125	1997
Chris Guasco	112	1999
Tommy Howe	125	2000
Steve Scott	145	2001
Scott Fay	189	2001
Anthony Hayes	130	2002
Dennis Stone	152	2002
Anthony Hayes	140	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004

4X FCIAC CHAMPS

Jeff Vitti	1987-1988-1989-1990
Ben Appel	1987-1988-1989-1990
Ben Levitt	1988-1989-1990-1991
Trevor Howe	2000-2001-2002-2003

3X FCIAC CHAMPS

Jeff Blaiotta	1993-1995-1996
Leo Lopes	1995-1996-1997
Tommy Howe	1998-1999-2000
Dennis Stone	2000-2001-2002
Nick Weyer	2002-2003-2004
Jeff Marra	2002-2003-2004

NEW ENGLAND PLACEWINNERS

Teddy McNamara	130	2 nd	1988
Teddy McNamara	135	4 th	1989
Mike Maupin	160	4 th	1989
Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Ben Appel	140	5 th	1990
Jim Twitchell	171	5 th	1992
Danny Hopper	171	4 th	1993
Dan Nguyen	119	4 th	1994
Joe Resha	152	5 th	1994
Leo Lopes	125	2 nd	1997
Ricardo Lopes	160	3 rd	1998
Ceyon Anderson	171	3 rd	1998
Ricardo Lopes	160	3 rd	1999
Tommy Howe	125	4 th	2000
Dennis Stone	140	6 th	2001
Steve Scott	145	1 st	2001
Scott Fay	189	5 th	2001
Nicky Weyer	103	5 th	2002
Anthony Hayes	130	2 nd	2002
Dennis Stone	152	5 th	2002
Mike Sylvestri	103	5 th	2003
Anthony Hayes	140	2 nd	2003
Matt Tricarico	152	3 rd	2003
Mike Silvestri	103	3rd	2004
Jeff Marra	145	4th	2004
Matt Tricarico	171	2nd	2004
Tim Ferreira	275	5th	2004

LL STATE CHAMPS

Rick Shook	112	1983
Doug Taft	98	1984
Ben Appel	130	1989
Teddy McNamara	135	1989
Keith Fielding	140	1989
Mike Maupin	160	1989
Ben Levitt	125	1990
Steve Botelho	145	1990
DeMaine Dillard	189	1990
Ben Appel	140	1990
Jay Driscoll	130	1991
Ben Levitt	135	1991
Steve Botelho	145	1991
Dave Vondle	275	1991

Keith Lynch	95	1992
Dan Nguyen	103	1992
Mark Eddy	130	1992
Dave Sabel	152	1992
Jim Twitchell	171	1992
Dave Vondle	275	1992
Jeff Blaiotta	95	1993
Keith Lynch	103	1993
Mark Eddy	135	1993
Danny Hopper	171	1993
Leonard Robinson	135	1994
Joe Resha	152	1994
Leo Lopes	125	1996
Sean Glacy	145	1996
Adam Mack	103	1997
Leo Lopes	125	1997
D'Arcy Smith	145	1998
Ceyon Anderson	171	1998
Tommy Howe	125	1999
Doug Pecor	275	1999
Tommy Howe	125	2000
Dennis Stone	130	2000
Brian Hayes	145	2000
Scott Fay	189	2000
Phil Young	103	2001
Carlos Valenzuela	135	2001
Dennis Stone	140	2001
Steve Scott	145	2001
Scott Fay	189	2001
Nicky Weyer	103	2002
Phil Young	112	2002
Anthony Hayes	130	2002
Carlos Valenzuela	140	2002
Dennis Stone	152	2002
Jeff Marra	135	2003
Anthony Hayes	140	2003
Trevor Howe	145	2003
Matt Tricarico	152	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Jeff Marra	145	2004
Will Esposito	152	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004