

DANBURY WRESTLING 2005

Team Accomplishments

21-0 Dual Meet Record

1st Place Danbury Holiday Tourney (15th time in 16 years)

2nd Place Redskin Tourney

6th Place Easterns (NY)

FCIAC Tournament Champs (19 consecutive years)

Western Division Champs (19 consecutive years)

CT LL STATE CHAMPS (9 consecutive years)

CT OPEN STATE CHAMPS (5 consecutive years)

3rd Place, NEW ENGLANDS

Ranked 1st in State Coaches' Poll (9 consecutive years)

Individual Accomplishments

10 FCIAC Ind. Champs	Tyler Howe, Mark Madkour, Dean Smith, Nick Weyer (4X), Frank Cammisa (2X), Kyle Rodgers (2X), Jeff Marra (4X), Will Esposito (2X), Matt Tricarico (3X), Chase DeCarlo
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7 CT LL Ind. Champs	Tyler Howe	112
	Nick Weyer (3X)	130
	Frank Cammisa (2X)	135
	Kyle Rodgers	140
	Jeff Marra (3X)	145
	Will Esposito (2X)	160
	Matt Tricarico (3X)	171

2 CT OPEN Champs	Frank Cammisa	135
	Matt Tricarico (2X)	171

4 NE Placewinners	Nick Weyer (6 th)	130
	Frank Cammisa (2 nd)	135
	Jeff Marra (2 nd)	145
	Matt Tricarico (1 st)	171

MVW's	Matt Tricarico	Danbury Holiday Tourney
	Frank Cammisa	FCIAC
	Matt Tricarico	New Englands

Most Falls/Least Time	Jeff Marra	Redskin
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NATIONAL/ALL-STATE/ALL-FCIAC/ALL-AREA HONORS 2005

<u>Cliff Keen Dream Team</u>	Susie Levitt	125
<u>All-State</u>	Frank Cammisa	135
	Matt Tricarico	171
<u>Academic All-State</u>	Frank Cammisa, Jeff Marra, Tyler Howe, George Madkour	

All-FCIAC

1 st Team	Tyler Howe	112
	Mark Madkour	119
	Dean Smith	125
	Nick Weyer	130
	Frank Cammisa	135
	Kyle Rodgers	140
	Jeff Marra	145
	Jeff Esposti	152
	Will Esposito	160
	Matt Tricarico	171
	Chase DeCarlo	215
2 nd Team	George Madkour	103
Hon. Mention	Joe Laduca	189

Wrestler/Coach of the Year Honors

FCIAC Wrestler of the Year	Matt Tricarico	171
FCIAC Coach of the Year	Rick Shook	
Area Coach of the Year	Rick Shook	
LL Coach of the Year	Rick Shook	
LL Asst. Coach of the Year	Steve Kaplanis	

All-Area

Tyler Howe	112
Nick Weyer	130
Frank Cammisa	135
Kyle Rodgers	140
Jeff Marra	145
Jeff Esposti	152
Will Esposito	160
Matt Tricarico	171
Chase DeCarlo	215

DHS WRESTLING 2005 TEAM LEADERS

Most Wins	Frank Cammisa	45
Most Pins	Matt Tricarico	37
Most Tourney 1 st s	Matt Tricarico	5
Most Tourney Placements	Frank Cammisa/Matt Tricarico	7
Most Takedowns	Frank Cammisa	144
Most Nearfalls	Nick Weyer	74
Most Reversals	Tyler Howe	21
Most Escapes	Will Esposito	34
Most Team Pts.	Matt Tricarico	250
Most Individual Pts.	Frank Cammisa	421
Best Ind. Pt. Differential	Nick Weyer	+279
Best Takedown Differential	Frank Cammisa/Matt Tricarico	+123
Least Pins/Techs Against	Dean Smith/Nick Weyer/Kyle Rodgers Jeff Marra/Matt Tricarico	0
Best JV Records	Joe Orito	17-1
	Jon Goncalves	11-0
	Dean Hancock	9-0
	Anthony Brual/Nick Wood	9-1
	Terrell Parraway/Andrew Yacko	7-0
Most JV Pins	Joe Orito	13
Most JV Takedowns	Dean Hancock	9
Most JV Nearfalls	Joe Orito	24
Most JV Reversals	Joe Orito	17

Danbury High School Dual Meets vs Connecticut Teams 1987-2005

Stamford	22-0	100%
Staples	21-0	100%
Darien	19-0	100%
Greenwich	19-0	100%
McMahon	19-0	100%
New Canaan	19-0	100%
Ridgefield	19-0	100%
Trumbull	19-0	100%
Westhill	19-0	100%
Wilton	19-0	100%
Fairfield	18-0	100%
Norwalk	18-0-1	100%
New Fairfield	11-0	100%
Harding	10-0	100%
Southington	9-0	100%
Simsbury	8-0	100%
New Milford	7-0	100%
Xavier	6-0	100%
Fairfield Prep	6-0	100%
Bridgeport Central	6-0	100%
Hand	5-0	100%
East Hartford	4-0	100%
Holy Cross	4-0	100%
Berlin	4-0	100%
Law	4-0	100%
Newtown	4-0	100%
Amity	4-0	100%
Bethel	4-0	100%
Fitch	3-0	100%
Stratford	3-0	100%
Waterford	2-0	100%
Pomperaug	2-0	100%
Cheshire	2-0	100%
Newington	2-0	100%
Woodstock Academy	1-0	100%
Conard	1-0	100%
Enfield	1-0	100%
Hall	1-0	100%
Canterbury	1-0	100%
Plainville	1-0	100%
Andrew Warde	1-0	100%
Roger Ludlow	1-0	100%
Glastonbury	12-1	92%
Ledyard	11-1	90%

Windham	5-1	83%
Guilford	2-1	67%
NFA	16-10	57%
Manchester	2-2	50%

DHS has notched 188 consecutive wins against Connecticut opponents, and has gone 256 matches without a loss against FCIAC opponents. The last FCIAC team to defeat DHS in a dual meet was Greenwich in January 1986, by the score of 37-24.

DHS's longest win streak against ALL opponents ended in 2001 (at Mt. Anthony Union, VT) at 96 straight matches. The current win streak against all opponents stands at 38.

Season Records

1987	22-1
1988	25-1
1989	22-0
1990	24-0
1991	22-3
1992	23-1
1993	21-1
1994	19-4
1995	22-1
1996	17-4-1
1997	21-0
1998	25-0
1999	19-0
2000	21-0
2001	19-1
2002	20-1
2003	27-1
2004	18-1
2005	21-0
Tot	398-20-1

Coaching Records

Bob Gilchrist (1968-1969)	19-3-2	81.3%
Ernie Guckel (1970-1971)	19-5-0	79.2%
James Trocolla (1972-1978)	55-49-2	55.5%
Mike Morris (1979-1991)	219-36-0	85.8%
John Nimock (1992-1999)	167-8-1	95.2%
Ricky Shook (2000-2004)	126-4-0	96.9%

DHS ALL-TIME CAREER RECORDS

Most Varsity Tournaments Won	Ben Levitt	17
	Tommy Howe	16
	Matt Tricarico	14
	Ben Appel	14
	Jeff Vitti	13
	Dennis Stone	12
Most Varsity Wins (130+)	Matt Tricarico	163
	Jeff Marra	157
	Tommy Howe	152
	Nick Weyer	150
	Ben Appel/Jeff Vitti/Trevor Howe	149
	Dennis Stone	146
	Chris Kaplanis	140
	Adam Mack	136
	Ben Levitt	135
	Ceyon Anderson	130
Best Win Percentage (89.0%+)	Anthony Hayes	97.7%
	Ben Appel	92.5%
	Mike Silvestri	92.2%
	Leo Lopes	91.8%
	Matt Tricarico	91.6%
	Jeff Vitti/Demaine Dillard	90.6%
	Ben Levitt	90.1%
	Teddy McNamara	89.6%
	Tommy Howe	89.4%
	Keith Fielding	89.3%
Most Varsity Takedowns	Jeff Vitti	497
	Ricardo Lopes	463
Most Varsity Pins (70+)	Matt Tricarico	120
	Tommy Howe	116
	Jeff Marra	103
	Ben Appel	101
	Dennis Stone	96
	Nick Weyer/Jeff Vitti	88
	Chris Kaplanis	87
	Trevor Howe	77
	Scott Fay/Brian King	74
	Ceyon Anderson	72
	DeMaine Dillard	71
Mike Silvestri	70	

Most Individual Points (1000+)	Jeff Vitti	1539	
	Ricardo Lopes	1351	
	Ben Levitt	1250	
	Jay Driscoll	1179	
	Matt Tricarico	1173	
	Ben Appel	1122	
	Trevor Howe	1052	
	Steve Botelho	1048	
	Tommy Howe	1042	
	Ceyon Anderson	1014	
	Dennis Stone	1001	
Most Varsity Matches Wrestled (149+)	Jeff Marra	179	
	Matt Tricarico	178	
	Nick Weyer	177	
	Trevor Howe	174	
	Chris Kaplanis	171	
	Tommy Howe	170	
	Dennis Stone	166	
	Jeff Vitti	165	
	Ben Appel	161	
	Adam Mack	159	
	Ceyon Anderson	156	
	Tim Ferreira	153	
	Ben Levitt	151	
	Ricardo Lopes	149	
Most Varsity Tourney Places (15+)	Nick Weyer/Matt Tricarico/Tommy Howe	24	
	Jeff Marra	23	
	Ricardo Lopes/Ben Appel/Jeff Vitti	21	
	Dennis Stone/Adam Mack/Chris Kaplanis	20	
	Ben Levitt	19	
	Scott Fay/Ceyon Anderson/ Trevor Howe	18	
	Chris Guasco/Dave Twitchell	17	
	Mike Silvestri /Tim Ferreira	16	
	DeMaine Dillard	15	
	Least Pins/Techs Against (3-) (minimum 3 yrs. Varsity)	Matt Tricarico/Ben Levitt	0
		Steve Scott/Leo Lopes/Rick Shook/ D'Arcy Smith/Nuno Monteiro/ Jeff Marra	1
Joe Resha/Mike Silvestri		2	
Chris Guasco		3	

DHS ALL-TIME SEASON RECORDS

Most Tourney Wins	DeMaine Dillard	7	1990
Most Wins (45+)	D'Arcy Smith/DeMaine Dillard/ Jeff Vitti/Mike Silvestri	46	98/90/90/04
	Ricardo Lopes/Dennis Stone/ Mike Sylvestri/Matt Tricarico/ Tim Ferreira/ Frank Cammisa	45	98/02/03/ 03/04/05
Best Win Percentage (95%+)	DeMaine Dillard	100%	1990
	Anthony Hayes	97.7%	2003
	Anthony Hayes	97.7%	2002
	Leo Lopes	97.4%	1997
	Jeff Vitti	95.8%	1990
	Matt Tricarico	95.6%	2005
	Tommy Howe	95.6%	2000
	Danny Hopper	95.5%	1993
	Keith Fielding	95.1%	1989
	Steve Scott/Mark Eddy	95.0%	01/93
Most Pins (30+)	Matt Tricarico	37	2005
	Tommy Howe	36	1998
	Dennis Stone/Matt Tricarico	34	02/03
	DeMaine Dillard	33	1990
	Mike Silvestri/Phil Young/ Tommy Howe/Tommy Howe	32	04/01/00/99
	Chris Guasco/Brian King/ Frank Cammisa	31	2005
	Anthony Hayes	30	98/88/02
	Most Takedowns	Jeff Vitti	242
Ricardo Lopes		226	1998
Steve Botelho		173	1990
Keith Fielding		167	1989
Jay Driscoll		160	1990
Teddy McNamara		159	1989
Most Individual Points		Jeff Vitti	656
	Ricardo Lopes	572	1998
	Steve Botelho	505	1990
	Teddy McNamara	497	1989
Most Reversals (40+)	Darryl Johannssen	46	1987
	Chris Guasco	45	1999

Most Escapes (35+)	Brian Hayes	39	2000
	Ricardo Lopes	37	1997
	Keith Ambrose	35	1993
Most Nearfalls (70+)	Ben Levitt	82	1990
	Nick Weyer	74	2005
	Jeff Blaiotta	71	1996
	Mike Maupin	70	1989

TEAM STATS

Most Team Wins	The 1998 Team	569
	The 2005 Team	522
	The 2003 Team	513
	The 2004 Team	494
	The 1990 Team	487
	The 1999 Team/1989 Team	475
	The 1997 Team	472
Most Team Pins	The 2005 Team	318
	The 1998 Team	315
	The 1989 Team	296
	The 1990 Team/The 2004 Team	293
	The 2003 Team	292
Most Team Takedowns (1000+)	The 1990 Team	1290
	The 1989 Team	1168
	The 1998 Team	1016
Most Tourney Places (80+)	The 1998 Team	94
	The 1989 Team	88
	The 1997 Team	81
Undefeated Teams	The 1998 Team	25-0
	The 1990 Team	24-0
	The 1989 Team	22-0
	The 2005 Team	21-0
	The 2000 Team	21-0
	The 1997 Team	21-0
	The 1999 Team	19-0
Most Dual Meet Wins	The 2003 Team	27
Most Team Nearfalls	The 2005 Team	526
	The 1998 Team	509
	The 1990 Team	497
	The 1991 Team	491

DHS WRESTLING ALL-STARS (1986-Present)

<u>Weight Class</u>	<u>All-Star Wrestler</u>	<u>Year</u>	<u>Record</u>	<u>FCIAC/LL/OPEN/NE Placement</u>
95	Jeff Blaiotta	1993	33-2	1/1/1/-
	Jeff Vitti	1987	33-4-1	1/2/4/-
	Keith Lynch	1992	30-6	1/1/4/-
103	Mike Silvestri	2004	46-3	1/1/1/3
	Mike Silvestri	2003	45-5	1/2/2/5
	Nick Weyer	2002	39-6	1/1/3/5
	Ben Appel	1987	35-2	1/2/6/-
	Adam Mack	1997	39-4	2/1/3/-
	Phil Young	2001	31-8	1/1/4/-
	Chris Guasco	1998	40-4	1/2/6/-
	Keith Lynch	1993	39-7	2/1/5/-
	Dan Nguyen	1992	38-5	2/1/5/-
112	Chris Guasco	1999	37-8	3/2/1/-
	Jeff Vitti	1989	38-5	1/2/2/-
	Tyler Howe	2005	32-7	1/1/5/-
	Chris Kaplanis	2001	31-8	2/2/6/-
	Jamie Shull	1991	35-5	1/2/-/-
	Adam Mack	1998	36-5	2/3/-/-
119	Jeff Vitti	1990	46-2	1/2/3/1
	Dan Nguyen	1994	36-5	2/2/1/4
	Ben Levitt	1989	38-3-1	1/3/4/-
	Nick Weyer	2003	38-8	1/2/5/-
	Tommy Howe	1998	44-3	1/3/-/-
	Ben Appel	1988	35-3	1/3/-/-
	Jeff Blaiotta	1996	32-8	1/3/-/-
Sammy Smith	1987	30-6	2/3/-/-	
125	Leo Lopes	1997	37-1	1/1/1/2
	Tommy Howe	2000	43-2	1/1/1/4
	Ben Levitt	1990	41-3-1	1/1/1/-
	Tommy Howe	1999	40-6	1/1/2/-
	Leo Lopes	1996	27-3	1/1/2/-
	Teddy McNamara	1988	38-6	3/4/3/2
	Dean Smith	2005	26-5	1/2/-/-
Frank Cammisa	2004	34-4	1/3/-/-	
130	Anthony Hayes	2002	43-1	1/1/1/2
	Nick Weyer	2004	37-6	1/1/1/-

	Nick Weyer	2005	36-7	1/1/2/6
	Mark Eddy	1992	38-5	1/1/3/-
	Jay Driscoll	1991	38-3	1/1/5/-
	Ben Appel	1989	36-4	1/1/5/-
	Jay Driscoll	1990	43-5	1/3/3/-
	Jon Kurtzweil	1995	38-6	1/2/4/-
	Dennis Stone	2000	33-2	1/1/-/-
	Chris Kaplanis	2003	34-6	1/4/-/-
135	Frank Cammisa	2005	45-7	1/1/1/2
	Ben Levitt	1991	31-2	1/1/1/-
	Teddy McNamara	1989	41-4	1/1/3/-
	Mark Eddy	1993	38-2	1/1/5/-
	Jeff Marra	2003	41-5	1/1/6/-
	Leonard Robinson	1994	33-3	1/1/2/-
140	Anthony Hayes	2003	43-1	1/1/1/2
	Ben Appel	1990	43-3	1/1/1/5
	Dennis Stone	2001	35-5	1/1/3/6
	Keith Fielding	1989	39-2	1/1/3/-
	Kyle Rodgers	2005	40-5	1/1/3/-
145	Steve Scott	2001	38-2	1/1/1/1
	Jeff Marra	2005	42-4	1/1/2/2
	Jeff Marra	2004	43-6	1/1/2/4
	D'Arcy Smith	1998	46-3	1/1/3/-
	Trevor Howe	2003	44-4	1/1/3/-
	Steve Botelho	1990	41-6	3/1/2/-
	Sean Glacy	1996	36-4	1/1/5/-
	Steve Botelho	1991	28-3	1/1/6/-
152	Matt Tricarico	2003	45-3	1/1/2/3
	Dennis Stone	2002	45-3	1/1/1/5
	Joe Resha	1994	35-6	2/1/2/5
	Will Esposito	2004	41-7	1/1/3/-
	Dave Sabel	1992	30-3-1	1/1/-/-
	Jeff Esposti	2005	26-6	-/3/5/-
	Mike Maupin	1988	32-6	1/3/-/-
160	Mike Maupin	1989	37-4	1/1/2/4
	Ricardo Lopes	1998	45-5	2/2/2/3
	Ricardo Lopes	1999	37-7	2/2/3/3
	Will Esposito	2005	41-8	1/1/3/-
171	Matt Tricarico	2005	44-2	1/1/1/1

	Matt Tricarico	2004	40-3	-/1/1/2
	Danny Hopper	1993	42-2	1/1/1/4
	Ceyon Anderson	1998	37-3	1/1/2/3
	Jim Twitchell	1992	37-4-2	1/1/3/-
189	DeMaine Dillard	1990	46-0	1/1/1/1
	Scott Fay	2001	37-3	1/1/1/5
	Scott Fay	2000	38-3	1/1/3/-
	DeMaine Dillard	1989	33-5	1/2/4/-
215	Chase DeCarlo	2005	38-7	1/2/-/-
275	Tim Ferreira	2004	45-6	1/1/1/5
	Dave Vondle	1992	35-2	1/1/2/-
	Brian King	1988	35-5	1/2/4/-
	Doug Pecor	1999	33-11	3/1/4/-

**DHS HALL OF CHAMPIONS
CONNECTICUT OPEN CHAMPS**

Vosilius	Unlimited	1970
George Pollock	119	1971
Tom Goodell	167	1973
Ben Levitt	125	1990
Ben Appel	140	1990
DeMaine Dillard	189	1990
Ben Levitt	135	1991
Jeff Blaiotta	95	1993
Danny Hopper	171	1993
Danny Nguyen	119	1994
Leo Lopes	125	1997
Chris Guasco	112	1999
Tommy Howe	125	2000
Steve Scott	145	2001
Scott Fay	189	2001
Anthony Hayes	130	2002
Dennis Stone	152	2002
Anthony Hayes	140	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004
Frank Cammisa	135	2005
Matt Tricarico	171	2005

3X LL CHAMPS

Dennis Stone	2000-2001-2002
Nick Weyer	2002-2004-2005
Jeff Marra	2003-2004-2005
Matt Tricarico	2003-2004-2005

4X FCIAC CHAMPS

Jeff Vitti	1987-1988-1989-1990
Ben Appel	1987-1988-1989-1990
Ben Levitt	1988-1989-1990-1991
Trevor Howe	2000-2001-2002-2003
Nick Weyer	2002-2003-2004-2005
Jeff Marra	2002-2003-2004-2005

3X FCIAC CHAMPS

Jeff Blaiotta	1993-1995-1996
Leo Lopes	1995-1996-1997
Tommy Howe	1998-1999-2000
Dennis Stone	2000-2001-2002
Matt Tricarico	2002-2003-2005

NEW ENGLAND CHAMPS

Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Steve Scott	145	1 st	2001
Matt Tricarico	171	1st	2005

NEW ENGLAND CHAMPS/PLACEWINNERS

Teddy McNamara	130	2 nd	1988
Teddy McNamara	135	4 th	1989
Mike Maupin	160	4 th	1989
Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Ben Appel	140	5 th	1990
Jim Twitchell	171	5 th	1992
Danny Hopper	171	4 th	1993
Dan Nguyen	119	4 th	1994
Joe Resha	152	5 th	1994
Leo Lopes	125	2 nd	1997
Ricardo Lopes	160	3 rd	1998
Ceyon Anderson	171	3 rd	1998
Ricardo Lopes	160	3 rd	1999
Tommy Howe	125	4 th	2000
Dennis Stone	140	6 th	2001
Steve Scott	145	1 st	2001
Scott Fay	189	5 th	2001
Nicky Weyer	103	5 th	2002
Anthony Hayes	130	2 nd	2002
Dennis Stone	152	5 th	2002
Mike Sylvestri	103	5 th	2003
Anthony Hayes	140	2 nd	2003
Matt Tricarico	152	3 rd	2003
Mike Silvestri	103	3 rd	2004
Jeff Marra	145	4 th	2004
Matt Tricarico	171	2 nd	2004
Tim Ferreira	275	5 th	2004
Nick Weyer	130	6th	2005
Frank Cammisa	135	2nd	2005
Jeff Marra	145	2nd	2005
Matt Tricarico	171	1st	2005

LL/L STATE CHAMPS

David Kroha (L Champ)	Unlimited	1975
Rich Balmeseda	126	1976
Jim Hawkins	185	1980
Todd Smith	185	1981
Rick Shook	112	1983
Doug Taft	98	1984
Ben Appel	130	1989
Teddy McNamara	135	1989
Keith Fielding	140	1989
Mike Maupin	160	1989
Ben Levitt	125	1990
Steve Botelho	145	1990
DeMaine Dillard	189	1990
Ben Appel	140	1990
Jay Driscoll	130	1991
Ben Levitt	135	1991
Steve Botelho	145	1991
Dave Vondle	275	1991
Keith Lynch	95	1992
Dan Nguyen	103	1992
Mark Eddy	130	1992
Dave Sabel	152	1992
Jim Twitchell	171	1992
Dave Vondle	275	1992
Jeff Blaiotta	95	1993
Keith Lynch	103	1993
Mark Eddy	135	1993
Danny Hopper	171	1993
Leonard Robinson	135	1994
Joe Resha	152	1994
Leo Lopes	125	1996
Sean Glacy	145	1996
Adam Mack	103	1997
Leo Lopes	125	1997
D'Arcy Smith	145	1998
Ceyon Anderson	171	1998
Tommy Howe	125	1999
Doug Pecor	275	1999
Tommy Howe	125	2000
Dennis Stone	130	2000
Brian Hayes	145	2000
Scott Fay	189	2000
Phil Young	103	2001
Carlos Valenzuela	135	2001

Dennis Stone	140	2001
Steve Scott	145	2001
Scott Fay	189	2001
Nicky Weyer	103	2002
Phil Young	112	2002
Anthony Hayes	130	2002
Carlos Valenzuela	140	2002
Dennis Stone	152	2002
Jeff Marra	135	2003
Anthony Hayes	140	2003
Trevor Howe	145	2003
Matt Tricarico	152	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Jeff Marra	145	2004
Will Esposito	152	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004
Tyler Howe	112	2005
Nicky Weyer	130	2005
Frank Cammisa	135	2005
Kyle Rodgers	140	2005
Jeff Marra	145	2005
Will Esposito	160	2005
Matt Tricarico	171	2005