

DANBURY WRESTLING 2006

Team Accomplishments

19-2 Dual Meet Record

1st Place Danbury Holiday Tourney (16th time in 17 years)

2nd Place Sanford Tourney

FCIAC Tournament Champs (20 consecutive years)

Western Division Champs (20 consecutive years)

CT LL STATE CHAMPS (10 consecutive years)

CT OPEN STATE CHAMPS (6 consecutive years)

3rd Place, NEW ENGLANDS

Ranked 1st in State Coaches' Poll (10 consecutive years)

Individual Accomplishments

6 FCIAC Ind. Champs	George Madkour, Tyler Howe (2X), Frank Cammisa (3X), Kyle Rodgers (3X), Richie Zschoche (2X), Jeff Esposti	
5 CT LL Ind. Champs	Tyler Howe (2X) Frank Cammisa (2X) Tommy Scott Kyle Rodgers (2X) Jeff Esposti	130 140 145 152 171
3 CT OPEN Champs	Tyler Howe Frank Cammisa (2X) Kyle Rodgers	130 140 152
3 NE Placewinners	Tyler Howe (5 th) Frank Cammisa (2 nd) Kyle Rodgers (2 nd)	130 140 152
1 Sr. Nationals Placewinner	Frank Cammisa (6 th)	140
MVWs	Frank Cammisa Frank Cammisa	Danbury Holiday Tourney Sanford
Most Falls/Least Time	Frank Cammisa Tyler Howe Tyler Howe	Sanford FCIAC CT OPEN

NATIONAL/ALL-STATE/ALL-FCIAC/ALL-AREA HONORS 2006

All-American Frank Cammisa 140

All-State Tyler Howe 130
Frank Cammisa 140
Kyle Rodgers 152

Academic All-State Tyler Howe, Frank Cammisa

All-FCIAC

1 st Team	George Madkour	112
	Tyler Howe	130
	Frank Cammisa	145
	Kyle Rodgers	152
	Richie Zschoche	160
	Jeff Esposti	171
2 nd Team	Jon Goncalves	119
	Tucker Schaefer	125
	Dean Smith	135
Hon. Mention	Dean Hancock	140
	Tommy Scott	145
	David Kennedy	189

Wrestler/Coach of the Year Honors

FCIAC Wrestlers of the Year Frank Cammisa/Kyle Rodgers
All-Area Coach of the Year Ricky Shook
LL Coach of the Year Ricky Shook
LL Asst. Coach of the Year Matt Laskowski

All-Area Team

George Madkour	112
Tyler Howe	130
Dean Smith	135
Frank Cammisa	140
Kyle Rodgers	152
Richie Zschoche	160
Jeff Esposti	171

DHS WRESTLING 2006 TEAM LEADERS

Most Wins	Kyle Rodgers/Jeff Esposti	44
Most Pins/Techs	Frank Cammisa	37
Most Tourney 1 st s	Frank Cammisa	5
Most Tourney Placements	Frank Cammisa/Kyle Rodgers	7
Most Takedowns	Frank Cammisa	230
Most Nearfalls	Tyler Howe	75
Most Reversals	Tyler Howe	28
Most Escapes	George Madkour	30
Most Team Pts.	Jeff Esposti	250
Most Individual Pts.	Frank Cammisa	541
Best Ind. Pt. Differential	Frank Cammisa	+341
	Jeff Esposti	+327
Best Takedown Differential	Frank Cammisa	+221
Least Pins/Techs Against	Tyler Howe/Frank Cammisa/Kyle Rodgers	0
Best JV Records	Nick Wood	16-1
	Andrew Yacko	15-2
	Chris Morris/Thiago Goncalves	12-1
Most JV Pins/Techs	Andrew Yacko	12
Most JV Takedowns	Nick Wood	27
Most JV Nearfalls	Nick Wood	20
Most JV Reversals	Nick Wood/Andrew Yacko	9

Danbury High School Dual Meets vs Connecticut Teams 1987-2006

Stamford	23-0	100%
Staples	22-0	100%
Darien	20-0	100%
Greenwich	20-0	100%
McMahon	20-0	100%
New Canaan	20-0	100%
Ridgefield	20-0	100%
Trumbull	20-0	100%
Westhill	20-0	100%
Wilton	20-0	100%
Fairfield	18-0	100%
Norwalk	19-0-1	100%
New Fairfield	11-0	100%
Harding	10-0	100%
Southington	9-0	100%
Simsbury	8-0	100%
New Milford	8-0	100%
Xavier	6-0	100%
Fairfield Prep	6-0	100%
Bridgeport Central	6-0	100%
Hand	5-0	100%
East Hartford	4-0	100%
Holy Cross	4-0	100%
Berlin	4-0	100%
Law	4-0	100%
Newtown	4-0	100%
Amity	4-0	100%
Bethel	5-0	100%
Fitch	3-0	100%
Stratford	3-0	100%
Waterford	3-0	100%
Pomperaug	2-0	100%
Cheshire	2-0	100%
Newington	2-0	100%
Central/Harding	1-0	100%
Woodstock Academy	1-0	100%
Conard	1-0	100%
Enfield	1-0	100%
Hall	1-0	100%
Canterbury	1-0	100%
Plainville	1-0	100%
Andrew Warde	2-0	100%
Roger Ludlow	2-0	100%
Glastonbury	12-1	92%

Ledyard	11-1	90%
Windham	5-1	83%
Guilford	2-1	67%
NFA	17-10	57%
Manchester	2-2	50%

DHS has notched 205 consecutive wins against Connecticut opponents, and has gone 270 matches without a loss against FCIAC opponents. The last FCIAC team to defeat DHS in a dual meet was Greenwich in January 1986, by the score of 37-24.

DHS's longest win streak against ALL opponents ended in 2001 (at Mt. Anthony Union, VT) at 96 straight matches. The current win streak against all opponents stands at 2.

Season Records

1987	22-1
1988	25-1
1989	22-0
1990	24-0
1991	22-3
1992	23-1
1993	21-1
1994	19-4
1995	22-1
1996	17-4-1
1997	21-0
1998	25-0
1999	19-0
2000	21-0
2001	19-1
2002	20-1
2003	27-1
2004	18-1
2005	21-0
2006	19-2
Tot	417-22-1

Coaching Records

Bob Gilchrist (1968-1969)	19-3-2	81.3%
Ernie Guckel (1970-1971)	19-5-0	79.2%
James Trocolla (1972-1978)	55-49-2	55.5%
Mike Morris (1979-1991)	219-36-0	85.8%
John Nimock (1992-1999)	167-8-1	95.2%
Ricky Shook (2000-2006)	145-6-0	96.0%

DHS ALL-TIME CAREER RECORDS

Most Varsity Tournaments Won	Ben Levitt	17
	Tommy Howe	16
	Matt Tricarico	14
	Ben Appel	14
	Jeff Vitti	13
	Frank Cammisa/Dennis Stone	12
Most Varsity Wins (130+)	Matt Tricarico	163
	Jeff Marra	157
	Tommy Howe	152
	Nick Weyer	150
	Ben Appel/Jeff Vitti/Trevor Howe	149
	Frank Cammisa/Dennis Stone	146
	Chris Kaplanis	140
	Adam Mack	136
	Kyle Rodgers/Ben Levitt	135
Ceyon Anderson	130	
Best Win Percentage (89.0%+)	Anthony Hayes	97.7%
	Ben Appel	92.5%
	Mike Silvestri	92.2%
	Leo Lopes	91.8%
	Matt Tricarico	91.6%
	Jeff Vitti/Demaine Dillard	90.6%
	Ben Levitt	90.1%
	Teddy McNamara	89.6%
	Tommy Howe	89.4%
	Keith Fielding	89.3%
Most Varsity Takedowns	Jeff Vitti	497
	Ricardo Lopes	463
Most Varsity Pins (70+)	Matt Tricarico	120
	Tommy Howe	116
	Jeff Marra	103
	Ben Appel	101
	Frank Cammisa	98
	Dennis Stone	96
	Nick Weyer/Jeff Vitti	88
	Chris Kaplanis	87
	Trevor Howe	77
	Scott Fay/Brian King	74
	Ceyon Anderson	72
	DeMaine Dillard	71
	Mike Silvestri	70

Most Individual Points (1000+)	Jeff Vitti	1539
	Ricardo Lopes	1351
	Frank Cammisa	1298
	Ben Levitt	1250
	Jay Driscoll	1179
	Matt Tricarico	1173
	Ben Appel	1122
	Trevor Howe	1052
	Steve Botelho	1048
	Tommy Howe	1042
	Ceyon Anderson	1014
	Dennis Stone	1001
Most Varsity Matches Wrestled (150+)	Jeff Marra	179
	Matt Tricarico	178
	Nick Weyer	177
	Trevor Howe	174
	Chris Kaplanis	171
	Tommy Howe	170
	Frank Cammisa	167
	Dennis Stone	166
	Jeff Vitti	165
	Kyle Rodgers	163
	Ben Appel	161
	Adam Mack	159
	Ceyon Anderson	156
	Tim Ferreira	153
Ben Levitt	151	
Most Varsity Tourney Places (15+)	Nick Weyer/Matt Tricarico/Tommy Howe	24
	Jeff Marra	23
	Frank Cammisa/Ricardo Lopes	
	Ben Appel/Jeff Vitti	21
	Dennis Stone/Adam Mack/Chris Kaplanis	20
	Ben Levitt	19
	Scott Fay/Ceyon Anderson/ Trevor Howe/ Kyle Rodgers	18
	Chris Guasco/Dave Twitchell	17
	Mike Silvestri /Tim Ferreira	16
	DeMaine Dillard	15
Least Pins/Techs Against (2-) (minimum 3 yrs. Varsity)	Matt Tricarico/Ben Levitt	0
	Steve Scott/Leo Lopes/Rick Shook/ D'Arcy Smith/Nuno Monteiro/ Jeff Marra/ Frank Cammisa	1
	Joe Resha/Mike Silvestri	2

DHS ALL-TIME SEASON RECORDS

Most Tourney Wins	DeMaine Dillard	7	1990
Most Wins (45+)	D'Arcy Smith/DeMaine Dillard/ Jeff Vitti/Mike Silvestri	46	98/90/90/04
	Ricardo Lopes/Dennis Stone/ Mike Sylvestri/Matt Tricarico/ Tim Ferreira/Frank Cammisa	45	98/02/03/03/04/05
Best Win Percentage (95%+)	DeMaine Dillard	100%	1990
	Anthony Hayes	97.7%	2003
	Anthony Hayes	97.7%	2002
	Leo Lopes	97.4%	1997
	Jeff Vitti	95.8%	1990
	Matt Tricarico	95.6%	2005
	Tommy Howe	95.6%	2000
	Danny Hopper	95.5%	1993
	Keith Fielding	95.1%	1989
Steve Scott/Mark Eddy	95.0%	01/93	
Most Pins/Techs (33+)	Frank Cammisa /Matt Tricarico	37	2006 /2005
	Tommy Howe	36	1998
	Dennis Stone/Matt Tricarico	34	02/03
	DeMaine Dillard	33	1990
Most Takedowns	Jeff Vitti	242	1990
	Frank Cammisa	230	2006
	Ricardo Lopes	226	1998
	Steve Botelho	173	1990
	Keith Fielding	167	1989
	Jay Driscoll	160	1990
	Teddy McNamara	159	1989
Most Individual Points	Jeff Vitti	656	1990
	Ricardo Lopes	572	1998
	Frank Cammisa	541	2006
	Steve Botelho	505	1990
	Teddy McNamara	497	1989
Most Reversals (40+)	Darryl Johannssen	46	1987
	Chris Guasco	45	1999
Most Escapes (35+)	Brian Hayes	39	2000
	Ricardo Lopes	37	1997
	Keith Ambrose	35	1993

Most Nearfalls (70+)

Ben Levitt	82	1990
Tyler Howe	75	2006
Nick Weyer	74	2005
Jeff Blaiotta	71	1996
Mike Maupin	70	1989

TEAM STATS

Most Team Wins	The 1998 Team	569
	The 2005 Team	522
	The 2003 Team	513
	The 2004 Team	494
	The 2006 Team	489
	The 1990 Team	487
	The 1999 Team/1989 Team	475
	The 1997 Team	472
Most Team Pins/Techs	The 2005 Team	318
	The 2006 Team	315
	The 1998 Team	315
	The 1989 Team	296
	The 1990 Team/The 2004 Team	293
	The 2003 Team	292
Most Team Takedowns (1000+)	The 1990 Team	1290
	The 1989 Team	1168
	The 1998 Team	1016
Most Tourney Places (80+)	The 1998 Team	94
	The 1989 Team	88
	The 1997 Team	81
Undefeated Teams	The 1998 Team	25-0
	The 1990 Team	24-0
	The 1989 Team	22-0
	The 2005 Team	21-0
	The 2000 Team	21-0
	The 1997 Team	21-0
	The 1999 Team	19-0
Most Dual Meet Wins	The 2003 Team	27
Most Team Nearfalls	The 2005 Team	526
	The 1998 Team	509
	The 1990 Team	497
	The 1991 Team	491

DHS WRESTLING ALL-STARS (1986-Present)

<u>Weight Class</u>	<u>All-Star Wrestler</u>	<u>Year</u>	<u>Record</u>	<u>FCIAC/LL/OPEN/NE Placement</u>
95	Jeff Blaiotta	1993	33-2	1/1/1/-
	Jeff Vitti	1987	33-4-1	1/2/4/-
	Keith Lynch	1992	30-6	1/1/4/-
103	Mike Silvestri	2004	46-3	1/1/1/3
	Mike Silvestri	2003	45-5	1/2/2/5
	Nick Weyer	2002	39-6	1/1/3/5
	Ben Appel	1987	35-2	1/2/6/-
	Adam Mack	1997	39-4	2/1/3/-
	Phil Young	2001	31-8	1/1/4/-
	Chris Guasco	1998	40-4	1/2/6/-
	Keith Lynch	1993	39-7	2/1/5/-
	Dan Nguyen	1992	38-5	2/1/5/-
112	Chris Guasco	1999	37-8	3/2/1/-
	Jeff Vitti	1989	38-5	1/2/2/-
	Tyler Howe	2005	32-7	1/1/5/-
	Chris Kaplanis	2001	31-8	2/2/6/-
	Jamie Shull	1991	35-5	1/2/-/-
	Adam Mack	1998	36-5	2/3/-/-
119	Jeff Vitti	1990	46-2	1/2/3/1
	Dan Nguyen	1994	36-5	2/2/1/4
	Ben Levitt	1989	38-3-1	1/3/4/-
	Nick Weyer	2003	38-8	1/2/5/-
	Tommy Howe	1998	44-3	1/3/-/-
	Ben Appel	1988	35-3	1/3/-/-
	Jeff Blaiotta	1996	32-8	1/3/-/-
	Sammy Smith	1987	30-6	2/3/-/-
125	Leo Lopes	1997	37-1	1/1/1/2
	Tommy Howe	2000	43-2	1/1/1/4
	Ben Levitt	1990	41-3-1	1/1/1/-
	Tommy Howe	1999	40-6	1/1/2/-
	Leo Lopes	1996	27-3	1/1/2/-
	Teddy McNamara	1988	38-6	3/4/3/2
	Dean Smith	2005	26-5	1/2/-/-
Frank Cammisa	2004	34-4	1/3/-/-	
130	Anthony Hayes	2002	43-1	1/1/1/2
	Tyler Howe	2006	42-6	1/1/1/5

	Nick Weyer	2004	37-6	1/1/1/-
	Nick Weyer	2005	36-7	1/1/2/6
	Mark Eddy	1992	38-5	1/1/3/-
	Jay Driscoll	1991	38-3	1/1/5/-
	Ben Appel	1989	36-4	1/1/5/-
	Jay Driscoll	1990	43-5	1/3/3/-
	Jon Kurtzweil	1995	38-6	1/2/4/-
	Dennis Stone	2000	33-2	1/1/-/-
	Chris Kaplanis	2003	34-6	1/4/-/-
135	Frank Cammisa	2005	45-7	1/1/1/2
	Ben Levitt	1991	31-2	1/1/1/-
	Teddy McNamara	1989	41-4	1/1/3/-
	Mark Eddy	1993	38-2	1/1/5/-
	Jeff Marra	2003	41-5	1/1/6/-
	Leonard Robinson	1994	33-3	1/1/2/-
140	Frank Cammisa	2006	43-4	1/1/1/2/6*
	Anthony Hayes	2003	43-1	1/1/1/2
	Ben Appel	1990	43-3	1/1/1/5
	Dennis Stone	2001	35-5	1/1/3/6
	Keith Fielding	1989	39-2	1/1/3/-
	Kyle Rodgers	2005	40-5	1/1/3/-
				*Sr. Nationals
145	Steve Scott	2001	38-2	1/1/1/1
	Jeff Marra	2005	42-4	1/1/2/2
	Jeff Marra	2004	43-6	1/1/2/4
	D'Arcy Smith	1998	46-3	1/1/3/-
	Trevor Howe	2003	44-4	1/1/3/-
	Steve Botelho	1990	41-6	3/1/2/-
	Sean Glacy	1996	36-4	1/1/5/-
	Steve Botelho	1991	28-3	1/1/6/-
152	Kyle Rodgers	2006	44-6	1/1/1/2
	Matt Tricarico	2003	45-3	1/1/2/3
	Dennis Stone	2002	45-3	1/1/1/5
	Joe Resha	1994	35-6	2/1/2/5
	Will Esposito	2004	41-7	1/1/3/-
	Dave Sabel	1992	30-3-1	1/1/-/-
	Jeff Esposti	2005	26-6	-/3/5/-
	Mike Maupin	1988	32-6	1/3/-/-
160	Mike Maupin	1989	37-4	1/1/2/4
	Ricardo Lopes	1998	45-5	2/2/2/3
	Ricardo Lopes	1999	37-7	2/2/3/3

	Will Esposito	2005	41-8	1/1/3/-
171	Matt Tricarico	2005	44-2	1/1/1/1
	Matt Tricarico	2004	40-3	-/1/1/2
	Danny Hopper	1993	42-2	1/1/1/4
	Ceyon Anderson	1998	37-3	1/1/2/3
	Jeff Esposti	2006	44-5	1/1/3/-
	Jim Twitchell	1992	37-4-2	1/1/3/-
189	DeMaine Dillard	1990	46-0	1/1/1/1
	Scott Fay	2001	37-3	1/1/2/5
	Scott Fay	2000	38-3	1/1/3/-
	DeMaine Dillard	1989	33-5	1/2/4/-
215	Chase DeCarlo	2005	38-7	1/2/-/-
275	Tim Ferreira	2004	45-6	1/1/1/5
	Dave Vondle	1992	35-2	1/1/2/-
	Brian King	1988	35-5	1/2/4/-
	Doug Pecor	1999	33-11	3/1/4/-

**DHS HALL OF CHAMPIONS
CONNECTICUT OPEN CHAMPS**

Vosilius	Unlimited	1970
George Pollock	119	1971
Tom Goodell	167	1973
Ben Levitt	125	1990
Ben Appel	140	1990
DeMaine Dillard	189	1990
Ben Levitt	135	1991
Jeff Blaiotta	95	1993
Danny Hopper	171	1993
Danny Nguyen	119	1994
Leo Lopes	125	1997
Chris Guasco	112	1999
Tommy Howe	125	2000
Steve Scott	145	2001
Scott Fay	189	2001
Anthony Hayes	130	2002
Dennis Stone	152	2002
Anthony Hayes	140	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004
Frank Cammisa	135	2005
Matt Tricarico	171	2005
Tyler Howe	130	2006
Frank Cammisa	140	2006
Kyle Rodgers	152	2006

3X LL CHAMPS

Dennis Stone	2000-2001-2002
Nick Weyer	2002-2004-2005
Jeff Marra	2003-2004-2005
Matt Tricarico	2003-2004-2005

4X FCIAC CHAMPS

Jeff Vitti	1987-1988-1989-1990
Ben Appel	1987-1988-1989-1990
Ben Levitt	1988-1989-1990-1991
Trevor Howe	2000-2001-2002-2003
Nick Weyer	2002-2003-2004-2005
Jeff Marra	2002-2003-2004-2005

3X FCIAC CHAMPS

Jeff Blaiotta	1993-1995-1996
Leo Lopes	1995-1996-1997
Tommy Howe	1998-1999-2000
Dennis Stone	2000-2001-2002
Matt Tricarico	2002-2003-2005
Frank Cammisa	2004-2005-2006
Kyle Rodgers	2004-2005-2006

NEW ENGLAND CHAMPS

Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Steve Scott	145	1 st	2001
Matt Tricarico	171	1 st	2005

NEW ENGLAND CHAMPS/PLACEWINNERS

Teddy McNamara	130	2 nd	1988
Teddy McNamara	135	4 th	1989
Mike Maupin	160	4 th	1989
Jeff Vitti	119	1 st	1990
DeMaine Dillard	189	1 st	1990
Ben Appel	140	5 th	1990
Jim Twitchell	171	5 th	1992
Danny Hopper	171	4 th	1993
Dan Nguyen	119	4 th	1994
Joe Resha	152	5 th	1994
Leo Lopes	125	2 nd	1997
Ricardo Lopes	160	3 rd	1998
Ceyon Anderson	171	3 rd	1998
Ricardo Lopes	160	3 rd	1999
Tommy Howe	125	4 th	2000
Dennis Stone	140	6 th	2001
Steve Scott	145	1 st	2001
Scott Fay	189	5 th	2001
Nicky Weyer	103	5 th	2002
Anthony Hayes	130	2 nd	2002
Dennis Stone	152	5 th	2002
Mike Sylvestri	103	5 th	2003
Anthony Hayes	140	2 nd	2003
Matt Tricarico	152	3 rd	2003
Mike Silvestri	103	3 rd	2004
Jeff Marra	145	4 th	2004
Matt Tricarico	171	2 nd	2004
Tim Ferreira	275	5 th	2004
Nick Weyer	130	6 th	2005

Frank Cammisa	135	2 nd	2005
Jeff Marra	145	2 nd	2005
Matt Tricarico	171	1 st	2005
Tyler Howe	130	5th	2006
Frank Cammisa	140	2nd	2006
Kyle Rodgers	152	2nd	2006

LL/L STATE CHAMPS

David Kroha (L Champ)	Unlimited		1975
Rich Balmeseda	126		1976
Jim Hawkins	185		1980
Todd Smith	185		1981
Rick Shook	112		1983
Doug Taft	98		1984
Ben Appel	130		1989
Teddy McNamara	135		1989
Keith Fielding	140		1989
Mike Maupin	160		1989
Ben Levitt	125		1990
Steve Botelho	145		1990
DeMaine Dillard	189		1990
Ben Appel	140		1990
Jay Driscoll	130		1991
Ben Levitt	135		1991
Steve Botelho	145		1991
Dave Vondle	275		1991
Keith Lynch	95		1992
Dan Nguyen	103		1992
Mark Eddy	130		1992
Dave Sabel	152		1992
Jim Twitchell	171		1992
Dave Vondle	275		1992
Jeff Blaiotta	95		1993
Keith Lynch	103		1993
Mark Eddy	135		1993
Danny Hopper	171		1993
Leonard Robinson	135		1994
Joe Resha	152		1994
Leo Lopes	125		1996
Sean Glacy	145		1996
Adam Mack	103		1997
Leo Lopes	125		1997
D'Arcy Smith	145		1998
Ceyon Anderson	171		1998
Tommy Howe	125		1999

Doug Pecor	275	1999
Tommy Howe	125	2000
Dennis Stone	130	2000
Brian Hayes	145	2000
Scott Fay	189	2000
Phil Young	103	2001
Carlos Valenzuela	135	2001
Dennis Stone	140	2001
Steve Scott	145	2001
Scott Fay	189	2001
Nicky Weyer	103	2002
Phil Young	112	2002
Anthony Hayes	130	2002
Carlos Valenzuela	140	2002
Dennis Stone	152	2002
Jeff Marra	135	2003
Anthony Hayes	140	2003
Trevor Howe	145	2003
Matt Tricarico	152	2003
Mike Silvestri	103	2004
Nick Weyer	130	2004
Jeff Marra	145	2004
Will Esposito	152	2004
Matt Tricarico	171	2004
Tim Ferreira	275	2004
Tyler Howe	112	2005
Nicky Weyer	130	2005
Frank Cammisa	135	2005
Kyle Rodgers	140	2005
Jeff Marra	145	2005
Will Esposito	160	2005
Matt Tricarico	171	2005
Tyler Howe	130	2006
Frank Cammisa	140	2006
Tommy Scott	145	2006
Kyle Rodgers	152	2006
Jeff Esposti	171	2006